



**Directions:**

- 1. **FIRST!** Check the scale below against an actual ruler.
- 2. Place this on a flat hard surface.
- 3. Step on the sandal template with your foot centered on the shape.
- 4. **Determine your size.** You don't want a lot of room in front of your toes or behind your heel.



For expert help, take a couple photos of your foot on this template at similar angles as the diagram and email us at:

[admin@earthingoz.com.au](mailto:admin@earthingoz.com.au)

Print at 100% scale. If this scale doesn't match your ruler re-print this template and be sure to set your computer printing setup scale to 100% or 'actual size'. Be sure 'scale to fit' is not checked.

